



EMERGENCY KIT Essentials

GENERAL ITEMS

- At least two weeks supply of medications
- Flashlight
- Batteries
- Radio - battery or NOAA weather radio
- Cash
- Car charger or solar charger for cell phone
- Plastic bags - storage and trash

FOOD AND WATER

- Seven (7) days supply of non-perishable food items (i.e.: pre-packaged & canned foods and beverages)
- Manual can opener
- Disposable plates, utensils & cups
- Napkins
- One (1) gallon of water per person

EMERGENCY NUMBERS

- City/county emergency management offices
- Medical numbers for family members & pets
- Family & friends
- Out of town emergency contact/check-in

VEHICULAR ITEMS

- Keep your motor vehicle tanks filled with gasoline

PERSONAL SAFETY ITEMS

- Face mask
- Hand sanitizer
- Disinfectant wipes
- Soap

CLOTHING

- Rain gear
- Sturdy shoes or boots

FIRST AID SUPPLIES

- First aid manual
- Sterile adhesive bandages of different sizes
- Sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors
- Tweezers
- Sewing needle
- Moistened towelettes
- Antiseptic
- Thermometer
- Tube of petroleum jelly
- Safety pins
- Soap
- Latex gloves
- Sunscreen
- Aspirin or other pain reliever
- Anti-diarrheal medicine
- Antacid
- Laxative
- Cotton balls
- Q-tips

SPECIAL POPULATIONS ITEMS

- Infants/children - formula, diapers, toys
- Elderly - i.e.: dietary requirements
- Disabled - i.e.: medical support equipment

PET CARE ITEMS

- Pet food and water
- Proper identification
- Medical records/microchip info
- A carrier or cage

IMPORTANT ITEMS

- Insurance cards
- Medical records
- List of medical devices & info
- Bank numbers
- Credit card numbers
- Copy of social security card
- Copies of birth/marriage cert.
- Other personal documents
- Set of car, house, office keys
- Service animal training & certification documents
- List of current medications including dosages
- Copy of will



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