

CITY OF MIRAMAR – PARKS AND RECREATION FITNESS CENTER RE-OPENING

The City of Miramar will be re-opening its Community Centers with certain restrictions. As part of the Re-Opening, the Fitness Centers will be made available for existing members only. Use is conditioned on users adhering to the following the guidelines to assure their safety and that of the staff.

- Fitness centers will be available to existing members only, no daily passes will be issued.
- Fitness Center Hours will be 8:00am to 8:00pm and **CLOSE from 1:00pm-2:00pm** for cleaning and sanitizing. Cleaning and sanitizing will occur again upon closing.
- There will be **no more than 6 members** using the fitness center at a time.
- **Facial covering is required at all times** with the *exception* of when physically working out and during the cool down period.
- Fitness Center **entry will be limited to ONE PERSON at a time** allowing for physical distancing.
- Guest **will have their temperature taken upon entrance to building**. Guests with a temperature above 100.3 or who appears to have cold-like, or COVID-19 symptoms will be denied access.
- Upon check-in, members must use hand sanitizer.
- Throughout the fitness center, sanitizing stations will be available.
- **SANITIZING WIPES will be available to wipe down equipment BEFORE and AFTER** each use.
- Some cardio equipment will be put “**out of service**” to allow for **physical distancing**.
- Use of cardio machines will be limited to 30 minutes per user.
- When using the strength machine, practice physical distancing, and avoid using equipment directly next to another user.
- Please bring your own yoga mat for stretching. These will not be made available.
- **LOCKER ROOMS and SHOWERS will remain CLOSED.**